

Cozy Classroom

# Life Cycle and Loss



Learning & Activity Packet 7



Dear Educators

Welcome to the Learning & Activity Packet we have prepared to extend the thinking and learning that were explored in our Cozy Corner offering! Cozy Arts believes that learning is something that happens together, and we are excited to learn with you. This resource is appropriate for use with individual students, small groups, or your whole class.

In this packet, we explore the themes of the life cycle and loss. As you saw in “Harvest Heebie Jeebies” all living things go through a life cycle, some parts we can see, others we can’t. We also learned that there are many ways to say good-bye.

Our philosophy of “learning together” is built on the principles of Feelings, Friendship, and Fairness. Growing out of these principles, the activities that we present to you in this packet support the development of crucial social-emotional skills in tangible ways. Understanding that your classroom and school are communities in themselves, our activities provide concrete connections to other people, to the larger community, and are oriented towards justice in ways that children can easily understand. If you want to know more about our learning philosophy, please visit [LEARN WITH US.](#)

Each Learning & Activity Packet contains arts-based projects, ideas, conversation prompts, book suggestions, and resources - all thoughtfully crafted and collected to support and extend the learning that began with Rory and our other Cozy Corner friends. There are clear links between these activities and the Massachusetts Primary School Learning Standards - particularly History and Social Sciences Framework Topics such as Kindergarten - Civics: Classroom Citizenship, and Grade 1 - Leadership, Cooperation, Unity and Diversity. We encourage you to make even more connections.

We would like to build a learning community with you and your classroom, so please share your input and suggestions about different activities and conversations you have about life cycle and loss. We also invite you to send us photos and stories of you and your class putting this learning into action. Email them to [share@cozyarts.org](mailto:share@cozyarts.org) and we will share them on our website!

On behalf of the Cozy Arts community, I want to thank you for joining us on this journey,

A handwritten signature in grey ink that reads "Faye Dupras".

Faye Dupras  
Founder / Artistic Director

# KID'S COZY COMIC!

An interactive letter for children



## COZY WORDS

Cozy Corner is informed by the qualities of kindness, empathy, respect, fairness, equity, and trust. The words we use are important and shape the ways in which we behave in the world around us. Here is a list of words you will hear often in Cozy Corner, and our interpretations of them:

### LOVE

as a core quality that inspires positive actions and attributes

### FRIENDSHIP

an expression of love for others, an infinite resource

### CURIOSITY

fuels learning and helps us expand beyond what we know

### GENEROSITY

a quality of the heart that involves being present with, and open to, others

### WELCOMING

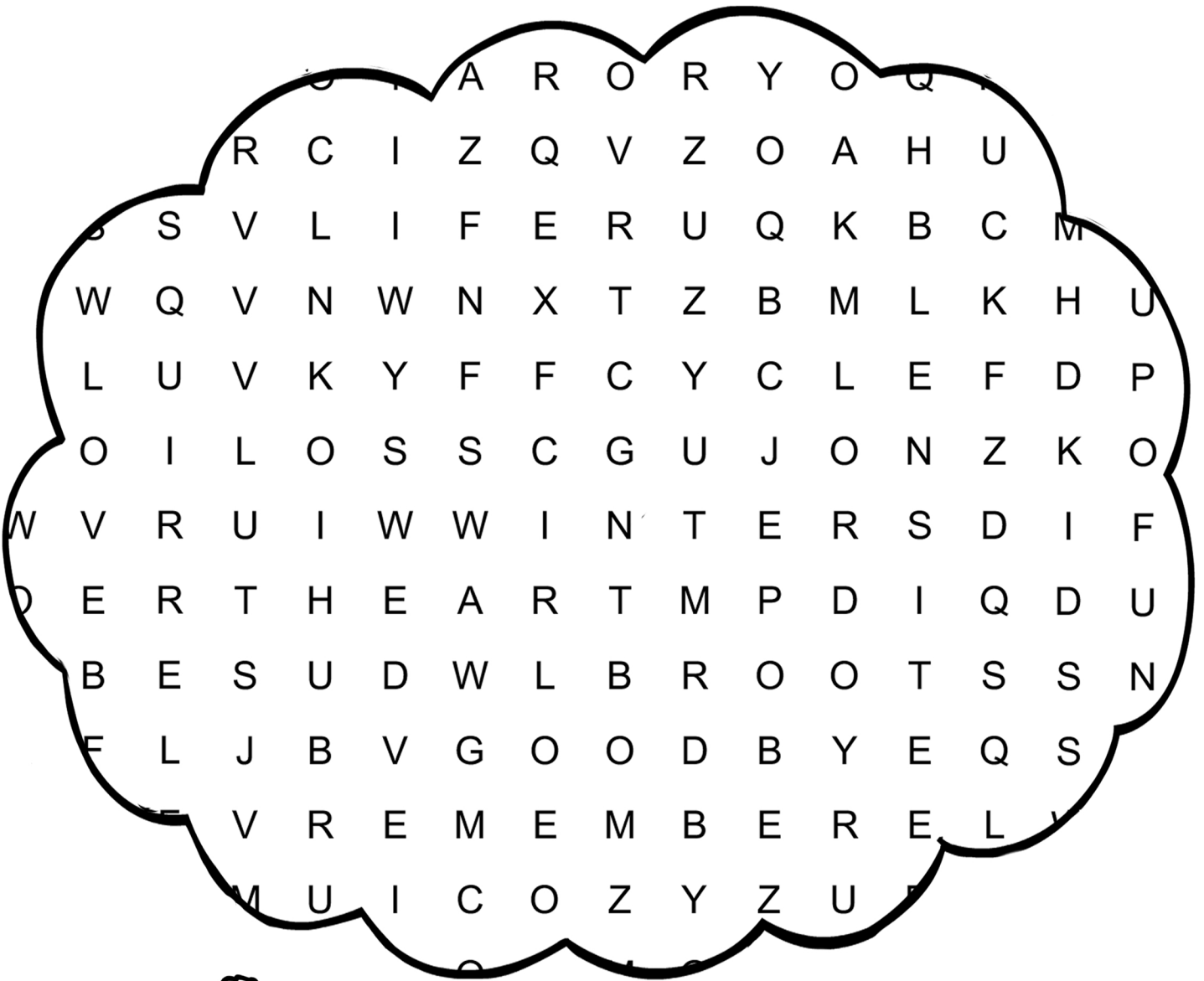
an action of expanding our nucleus of friendship to include all peoples,  
both familiar and less familiar to us

### COMMUNITY

a group of people working together towards common goals







LIFE  
CYCLE  
ROOTS  
WINTER  
LOSS  
GOODBYE  
REMEMBER  
HEART

