

Cozy Home

Nurturing and Patience



Learning & Activity Packet 2



Dear Families

Welcome to the Learning & Activity Packet we have prepared to extend the thinking and learning that were explored in our Cozy Corner offering! Cozy Arts believes that learning is something that happens together, and we are excited to learn with you.

In this packet, we explore the themes of nurturing and patience. As you saw in “Seeds to Shoots” being nurtured, and learning how to nurture others, helps us grow and develop. We also learned that nurturing is a repetitive motion that takes patience, practice, and time.

Our philosophy of “learning together” is built on the principles of Feelings, Friendship, and Fairness. Growing out of these principles, the activities that we present to you in this packet support the development of crucial social-emotional skills in tangible ways. They also provide concrete connections to other people and to the community, and are oriented towards justice in ways that children can easily understand. If you want to know more about our learning philosophy, please visit [LEARN WITH US.](#)

Each Learning & Activity Packet contains arts-based projects, ideas, conversation prompts, book suggestions, and resources - all thoughtfully crafted and collected to support and extend the learning that began with Rory and our other Cozy Corner friends.

Together, we are building a learning community, so please share your input and suggestions about different activities and conversations you have about nurturing and patience! We also invite you to send us photos and stories of you putting this learning into action - we would love to share them on our website! To send us your ideas and stories, please email them to share@cozyarts.org

On behalf of the Cozy Arts community, I want to thank you for joining us on this journey.

A handwritten signature in grey ink, appearing to read "Faye Dupras".

Faye Dupras
Founder, Artistic Director

KID'S COZY COMIC!

An interactive letter for children



COZY WORDS

Cozy Corner is informed by the qualities of kindness, empathy, respect, fairness, equity, and trust. The words we use are important and shape the ways in which we behave in the world around us. Here is a list of words you will hear often in Cozy Corner, and our interpretations of them:

LOVE | as a core quality that inspires positive actions and attributes

FRIENDSHIP | an expression of love for others, an infinite resource

CURIOSITY | fuels learning and helps us expand beyond what we know

GENEROSITY | a quality of the heart that involves being present with, and open to, others

WELCOMING | an action of expanding our nucleus of friendship to include all peoples, both familiar and less familiar to us

COMMUNITY | a group of people working together towards common goals

THEME WORDS

NURTURING | encouraging, nourishing, and caring for someone or something

PATIENCE | the practice of waiting and watching, and by doing so, knowing when to act

WHAT DO YOU THINK . . .

prompts for conversation, drama, and drawing

What did Rory learn about nurturing?

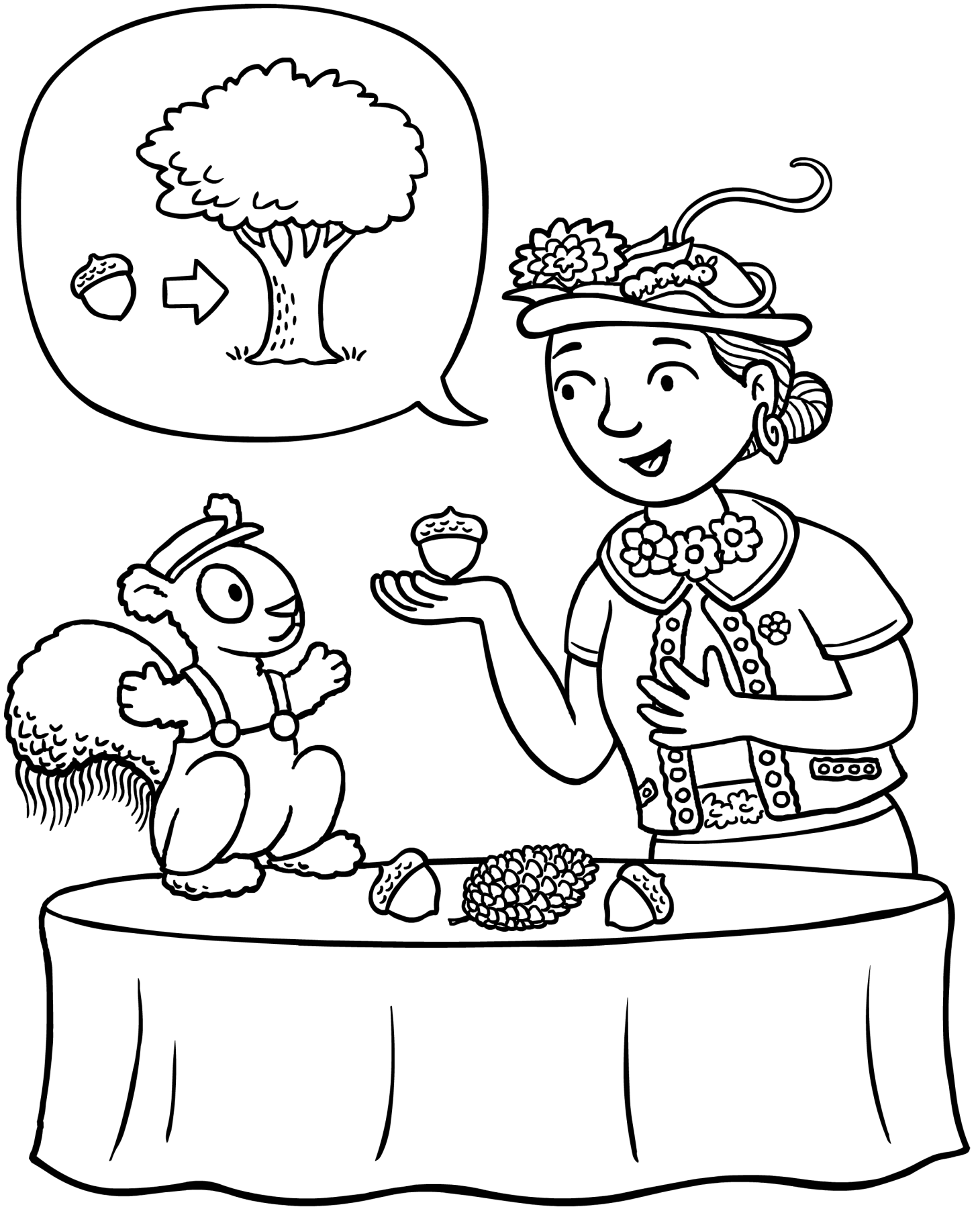
Have you ever nurtured something or someone? How did it make you feel to nurture?

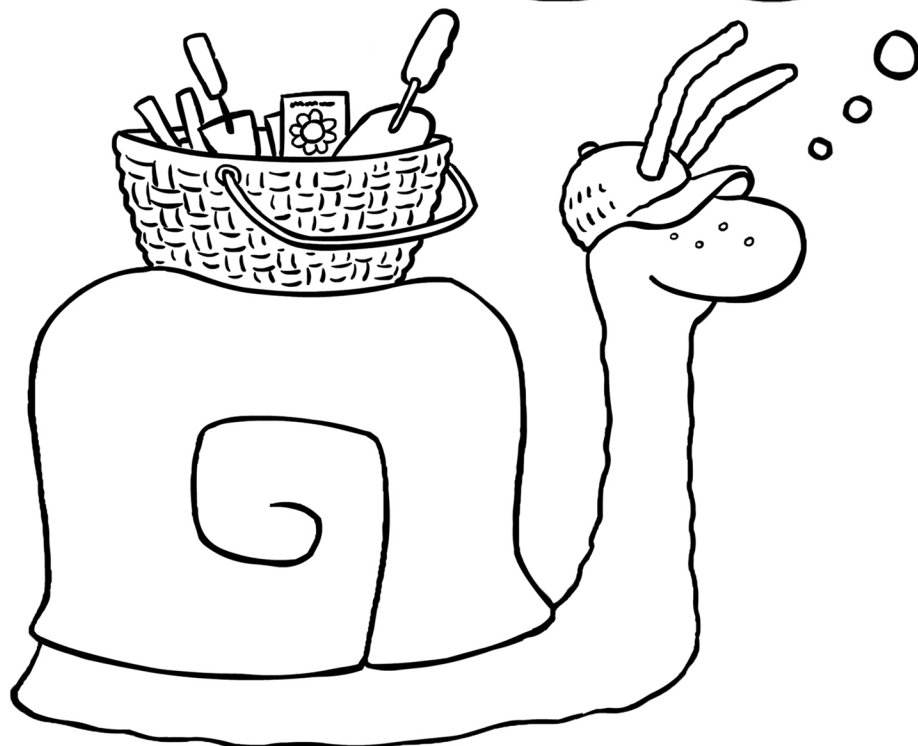
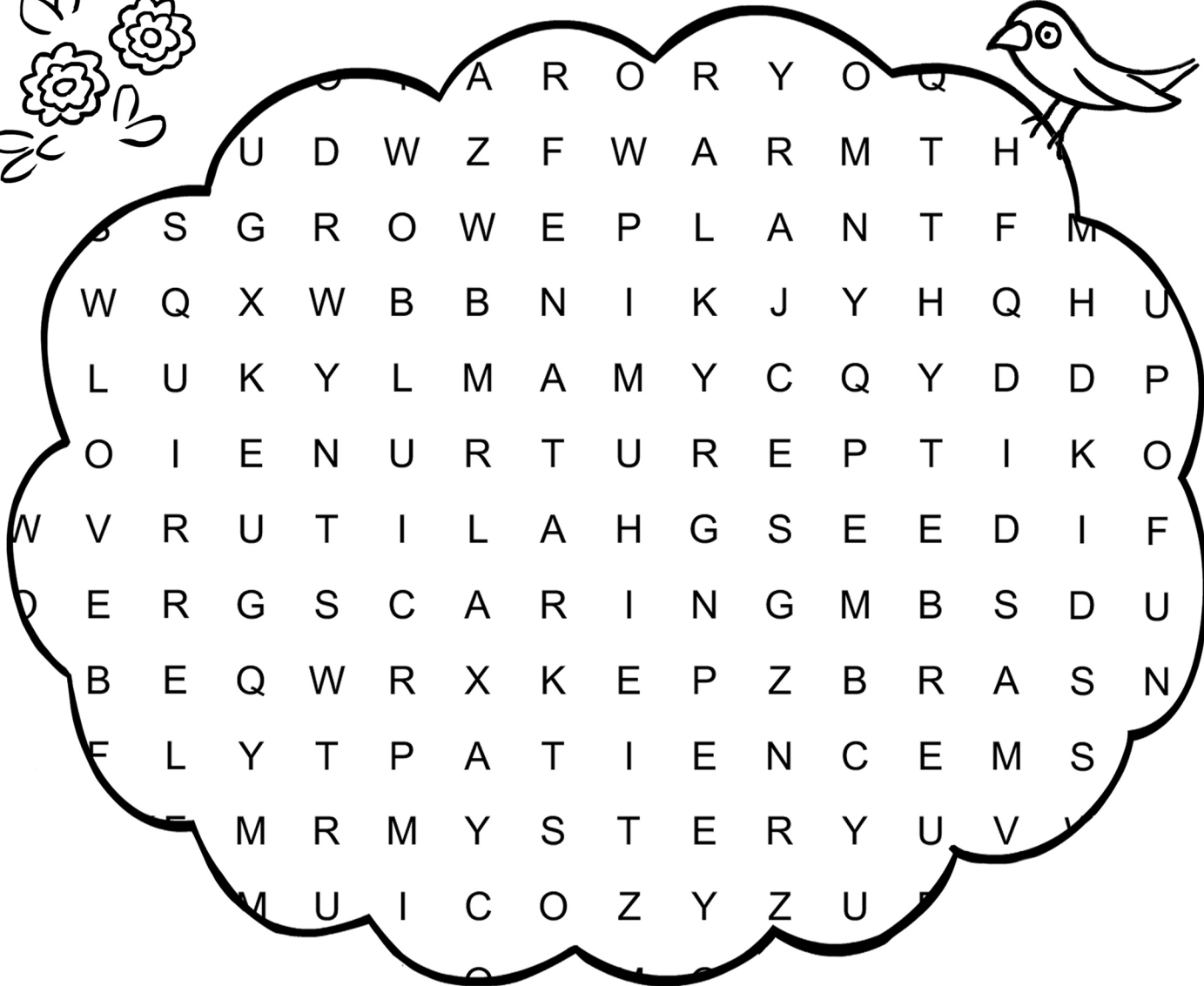
What would happen if people stopped nurturing each other and the world around us?

What did Trudy learn about nurturing?

Sometimes, being patient can be hard. What are some things you can do to make waiting and being patient easier?

[Write us a letter](#) with your questions about Cozy Corner and we will write you back!





- MYSTERY
- SEED
- PLANT
- NURTURE
- GROW
- CARING
- PATIENCE
- WARMTH